



DEPARTMENT OF THE NAVY  
BUREAU OF NAVAL PERSONNEL  
5720 INTEGRITY DRIVE  
MILLINGTON TN 38055-0000

5720  
PERS 00J6/20180053  
October 30, 2017

Mr. Matthew V. Porter  
The Porter Law Firm, PLLC  
5356 Estate Office Drive  
Suite 3  
Memphis, TN 38119

Dear Mr. Porter:

SUBJECT: YOUR FREEDOM OF INFORMATION ACT (FOIA) REQUEST

This is in response to your Freedom of Information Act (FOIA) request in which you seek U.S. Navy Official Military Personnel File (OMPF) information pertaining to Michael Gregory Innis. Your request was received in this office on October 30, 2017, has been assigned FOIA case file number CNPC20180053 by this command.

A "best available" releasable copy of available responsive information is enclosed. The redacted portions of the released documentation is exempt from disclosure under FOIA exemption 6 [5 U.S.C. § 552(b)(6)]. Release of such information would be a clearly unwarranted invasion of the personal privacy of Michael Gregory Innis and other identified individuals. The record reflects that Mr. Innis was designated as an Explosive Ordnance Disposal (EOD) Technician which is in the Navy Special Operations Community but not a Navy SEAL designation.

Because your request is partially denied by this command, you are advised of your right to appeal this determination in writing to the Office of the Judge Advocate General, OJAG Code 14, 1322 Patterson Avenue SE Suite 3000, Washington Navy Yard, DC 20374-5066.

If an appeal is deemed necessary, it must be received in that office within 90 calendar days from the date of this letter, in order to be considered. To expedite an appeal, you should enclose a copy of this letter and a copy of the original request along with a statement regarding why your appeal should be granted. The letter of appeal and the envelope should bear the notation, "FOIA/PA APPEAL."

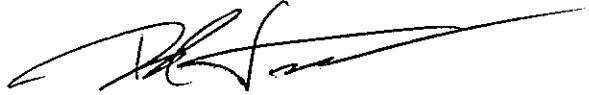
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I am the official responsible for the partial denial of your request. Should you wish to discuss the processing of your request by this command, you may contact the undersigned at (901) 874-3165. You may also contact the DON FOIA Public Liaison, Christopher Julka, at Christopher.a.julka@navy.mil or (703) 697-0031.

Sincerely,

A handwritten signature in black ink, appearing to read 'D. P. German', with a long horizontal flourish extending to the right.

D. P. GERMAN  
FOIA/PA Officer  
By direction

# CERTIFICATE OF RELEASE OR DISCHARGE FROM ACTIVE DUTY 20935

1. NAME (Last, First, Middle) <b>INNIS, MICHAEL GREGORY</b>		2. DEPARTMENT, COMPONENT AND BRANCH <b>NAVY USN</b>		3. SOCIAL SECURITY NO. <b>[REDACTED]</b>	
4.a. GRADE, RATE OR RANK <b>HTCS(EOD)</b>	4.b. PAY GRADE <b>E8</b>	5. DATE OF BIRTH (YYMMDD) <b>[REDACTED]</b>		6. RESERVE OBLIG. TERM. DATE Year <b>NA</b> Month <b>[REDACTED]</b> Day <b>[REDACTED]</b>	
7.a. PLACE OF ENTRY INTO ACTIVE DUTY <b>ST. LOUIS, MO</b>		7.b. HOME OF RECORD AT TIME OF ENTRY (City and state, or complete address if known) <b>[REDACTED] MO [REDACTED]</b>			
8.a. LAST DUTY ASSIGNMENT AND MAJOR COMMAND <b>COMEODGRU TWO NAB LITTLE CREEK, VA</b>		8.b. STATION WHERE SEPARATED <b>PERSUPDET NAB LITTLE CREEK VA</b>			
9. COMMAND TO WHICH TRANSFERRED <b>NAVAL RESERVE PERSONNEL CENTER, NEW ORLEANS, LA 70149</b>				10. SGLI CO Amount: <b>[REDACTED]</b>	
11. PRIMARY SPECIALTY (List number, title and years and months in specialty. List additional specialty numbers and titles involving periods of one or more years.) <b>HT 5343-DIVER SECOND CLASS (12YRS 02MOS), 5332-EOD TECHNICIAN (11YRS 04MOS), 5333-EOD TECHNICIAN/ PARACHUTIST (09YRS 05MOS), 5335- SENIOR EOD TECHNICIAN/ PARACHUTIST (07YRS 08MOS), 5336-MASTER EOD TECHNICIAN (05YRS 07MOS), 5337-</b>		12. RECORD OF SERVICE		Year(s)	Month(s)
		a. Date Entered AD This Period		<b>87</b>	<b>JUN</b>
		b. Separation Date This Period		<b>98</b>	<b>OCT</b>
		c. Net Active Service This Period		<b>11</b>	<b>04</b>
		d. Total Prior Active Service		<b>03</b>	<b>09</b>
		e. Total Prior Inactive Service		<b>00</b>	<b>03</b>
		f. Foreign Service		<b>00</b>	<b>00</b>
		g. Sea Service		<b>00</b>	<b>00</b>
h. Effective Date of Pay Grade		<b>96</b>	<b>JUN</b>	<b>16</b>	
13. DECORATIONS, MEDALS, BADGES, CITATIONS AND CAMPAIGN RIBBONS AWARDED OR AUTHORIZED (All periods of service) <b>JOINT SERVICE COMMENDATION MEDAL, NAVY ACHIEVEMENT MEDAL, GOOD CONDUCT MEDAL (4), NAVY UNIT COMMENDATION, NATIONAL DEFENSE SERVICE MEDAL, ARMED FORCES EXPEDITIONARY MEDAL, SEA SERVICE DEPLOYMENT RIBBON (2), EXPERT RIFLEMAN</b>					
14. MILITARY EDUCATION (Course title, number of weeks, and month and year completed) <b>AIRBORNE COURSE-2WKS SEP88, NAVLEAD-1WK APR90, HELO ROPE SUSP TRNG MASTER &amp; CASTMASTER-3WKS MAY92, ADV ACCESS &amp; DISABLEMENT-2WKS OCT92, MIDSOUTH INST OF SELF DEF PRAC PISTOL &amp; SUBMACH GUN-2WKS AUG93, TECHNICAL COVERT ENTRY-1WK</b>					
15.a. MEMBER CONTRIBUTED TO POST-VIETNAM ERA VETERANS' EDUCATIONAL ASSISTANCE PROGRAM		Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>	15.b. HIGH SCHOOL GRADUATE OR EQUIVALENT		Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>
16. DAYS ACCRUED LEAVE PAID <b>[REDACTED]</b>					
17. MEMBER WAS PROVIDED COMPLETE DENTAL EXAMINATION AND ALL APPROPRIATE DENTAL SERVICES AND TREATMENT WITHIN 90 DAYS PRIOR TO SEPARATION <b>[REDACTED]</b>					
18. REMARKS <b>BLK 11 CONT: MASTER EOD TECHNICIAN/ PARACHUTIST (05YRS 01MO), 9502-INSTRUCTOR (02YRS 02MOS). X X X X X X BLK 13 CONT: MEDAL, EXPERT PISTOL SHOT MEDAL, MASTER EXPLOSIVE ORDNANCE DISPOSAL INSIGNIA, SECOND CLASS DIVER INSIGNIA, NAVAL PARACHUTIST INSIGNIA, ENLISTED SURFACE WARFARE SPECIALIST INSIGNIA, ENLISTED AVIATION WARFARE SPECIALIST INSIGNIA. X X X X X X BLK 14 CONT: JUL94, JOINT SERVICES HIGH RISK SURVIVAL EVASION RESIST &amp; ESCAPE 1WK JUN94, LAR V TRANSITION-3WKS JUN94, NAVLEAD CPO-1WK AUG94, ACCELERATED FREEFALL-3WKS NOV93, NO36 NATO/JOINT SERVICE EOD (IEDD)-3WKS JUN95, RADIATION SAFETY OFFICER 2WKS JUL95, TOL FUND-1WK SEP95, GRP PACED INST-3WKS AUG96, CPO</b>					
19.a. NEAREST RELATIVE (Name and address - include Zip Code)		19.b. NEAREST RELATIVE (Name and address - include Zip Code)			
20. MEMBER REQUESTS COPY 4 BE SENT TO <b>[REDACTED]</b>		21. MEMBER REQUESTS COPY 4 BE SENT TO <b>[REDACTED]</b>			
22. SPECIAL ADDITIONAL INFORMATION <b>[REDACTED]</b>					
23. TYPE OF SEPARATION <b>TRANSFERRED TO FLEET RESERVE</b>		24. CHARACTER OF SERVICE (Include upgrades) <b>[REDACTED]</b>			
25. SEPARATION AUTHORITY <b>[REDACTED]</b>		26. SEPARATION CODE <b>[REDACTED]</b>		27. REENTRY CODE <b>[REDACTED]</b>	
28. MEMBER REQUESTS COPY 4 <b>[REDACTED]</b>					
29. DATES OF TIME LOST DURING THIS PERIOD <b>[REDACTED]</b>					
30. MEMBER REQUESTS COPY 4 <b>[REDACTED]</b>					

Continuation Sheet for Certificate of Release or Discharge From Active Duty  
(DD Form 214)

Name: INNIS, MICHAEL GREGORY

Department: NAVY USN

Grade, Rate or Rank: HTCS(EOD)

Date Entered AD This Period: 87

Separation Date This Period: 98

SSN: [REDACTED]

Pay Grade: E8

JUN 12  
OCT 31

Block 18 Continued:

ACAD-6WKS JUL97, SERE SCH-2WKS DEC97, COLD WEATHER TRNG-2WKS DEC97.  
SUBJECT TO ACTIVE DUTY RECALL BY SECRETARY OF THE NAVY. X  
EFFECTIVE DATE OF TRANSFER TO FLEET RESERVE STATUS 01 NOV 98. X  
DD FORM 214 ADMINISTRATIVELY ISSUED IN ACCORDANCE WITH SUPERSINST 1900.8 ON 31 OCT 98. X  
MEMBER IS RETIRING AS PROVIDED BY SECTION 4403 OF THE FY 1993 NATIONAL DEFENSE AUTHORIZATION ACT (NDAA) AND MAY QUALIFY FOR A RECOMPUTATION OF RETIRED PAY AT AGE 62 (SECTION 4464 OF SAME LAW). X  
THE INFORMATION CONTAINED HEREIN IS SUBJECT TO COMPUTER MATCHING WITHIN THE DEPARTMENT OF DEFENSE OR WITH OTHER AFFECTED FEDERAL OR NON-FEDERAL AGENCY FOR VERIFICATION PURPOSES AND TO DETERMINE ELIGIBILITY FOR, AND/OR CONTINUED COMPLIANCE WITH, THE REQUIREMENTS OF A FEDERAL BENEFIT PROGRAM. X

OFFICIAL RELEASE

Signature: [REDACTED] Being Separated:

Sign: [REDACTED]

**DE**

FORN  
JUL 72

214

PREVIOUS EDITIONS OF THIS  
FORM ARE OBSOLETE.

**CERTIFICATE OF RELEASE OR DISCHARGE  
FROM ACTIVE DUTY**

[illegible]**SPECIAL ADDITIONAL INFORMATION (For use by authorized agencies only)**

20. TYPE OF SEPARATION <b>DISCHARGED</b>		24. CONTRACTING OR SERVICE (For use by authorized agencies only)	
21. SEPARATION AUTHORITY		25. CONTRACTING OR SERVICE (For use by authorized agencies only)	
22. SEPARATION CODE		26. SEPARATION CODE	
23. SEPARATION CODE		27. SEPARATION CODE	
28. SEPARATION CODE		29. SEPARATION CODE	
30. SEPARATION CODE		31. SEPARATION CODE	

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Find A Recruiter (/locator.html) Apply Online (/online-application.html)  
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ABOUT THE NAVY

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JOINING THE NAVY

JOINING THE NAVY (/JOINING/INDEX.HTML)

CAREERS & JOBS

CAREERS & JOBS (/CAREERS/INDEX.HTML)

## EXPLOSIVE ORDNANCE DISPOSAL (EOD) TECHNICIAN

~~EXPLORATION/COMNAVFORC/NAVY~~

~~EXPLORATION/COMNAVFORC/NAVY/5945499971040/POSTS~~

EOD Technicians are on call to respond to any type of ordnance, and they receive specialized training on how to handle chemical, biological and even nuclear weapons. They investigate and demolish natural and man-made underwater obstructions. Prepare coastal regions for amphibious landings. Warn about potential threats – both in the United States and abroad. With expertise in the most conventional and unconventional explosives, they ensure the secure disposal of explosive weaponry.

Whether getting the job done in a bomb suit or by utilizing state-of-the-art robotic technology, Navy EODs are trained to use the most advanced tools of their kind in a role that's vital to the safety of servicemen and civilians.

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## LEARN MORE

### Specialities

~~(eod.html)~~ As a Navy EOD Technician, you will have many far-ranging duties that can cast you on ~~(eod.html)~~ missions across the world. Your duties may require you to: <sup>Full Time</sup>

- Detonate and demolish hazardous munitions, pyrotechnics and outdated explosives
- Work with cutting-edge technology to remotely disable unsafe ordnance
- Perform parachute or helicopter insertion operations
- Support law enforcement agencies
- Clear waterways of mines in support of the Fleet

Your unique skills and knowledge will add to the strengths of other Special Operations units, as well as your own. As an EOD Technician, you may also:

- Locate, identify, neutralize, recover and dispose of various ordnances, such as sea mines, torpedoes and depth charges
- Support other Special Operations/Special Warfare units, such as Navy SEALs, Army Special Forces and Marine Expeditionary Units
- Help the U.S. Secret Service and the U.S. Department of State to protect the President, Vice President and other officials and dignitaries
- Assist with security at large international events, such as sporting events or world summits

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**NEXT: NEXT SECTION » ([EOD.HTML](#))**

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## GET A HEAD START ON YOUR TRAINING.

To become an EOD technician in the Naval Special Warfare/Naval Special Operations community, you must first go through what is widely considered to be one of the most physically and mentally demanding military training programs in existence. Get started on your physical training now by learning about the minimum Navy Physical Screening Test (PST) requirements for Navy Challenge Programs.

## DO YOU HAVE WHAT IT TAKES?

Right after Recruit Training, the path to becoming a Navy Diver or EOD Tech intensifies, as those candidates selected to move forward must first pass through the Diver/EOD Prep Course. Get familiar with the challenging tests and trials that you must be ready and able to overcome in the Center for Explosive Ordnance Disposal and Diving (CEODD) Preparatory Course Video.

**WATCH THE VIDEO » ([HTTP://YOUTU.BE/HIHLFSKQRT8](http://youtu.be/hihlfskqrt8))**

NOTE: IF YOU'RE PURSUING AN NSW/NSO POSITION, MUCH BETTER PST SCORING IS EXPECTED.



Minimum PST Physical Screening Test	SEAL	SWCC	EOD	Diver	AIRR
Swim 500 yards (450 M) - breaststroke or sidestroke [in minutes]	12:30	13:00	12:30	12:30	12:00*
REST: 10 MINUTES					
Push-ups [in 2 minutes]	50	50	50	50	42
REST: 2 MINUTES					
Sit-ups [in 2 minutes]	50	50	50	50	50
REST: 2 MINUTES					
Pull-ups [in 2 minutes]	10	6	6	6	4
REST: 10 MINUTES					
Run 1.5 miles [in minutes]	10:30	12:00	12:30	12:30	12:00

\* AIRR may use sidestroke or breaststroke and utilize American crawl/freestyle or a combination of all.

**NOTE:** You should consult your physician or other health-care professional before starting any exercise regime or other fitness program to determine if it is right for your needs. This is particularly true if you (or your family) have a history of medical illnesses or ailments that could be made worse by a change in physical activity. Do not start a fitness program if your physician or health-care provider advises against it.